



WASHINGTON STATE UNIVERSITY

The Resilient Yard

Battling Climate Change at Home

WSU Extension Master Gardener Program







WASHINGTON STATE UNIVERSITY **EXTENSION**



Extension Master Gardener Mission

Engaging university-trained volunteers to empower and sustain diverse communities with relevant, unbiased, research-based horticulture and environmental stewardship education.



What can I do about Climate Change?



There are three major areas where individuals can impact climate change.

- Built Environment (your home)
- Transportation
- Land Use (your yard)

WHERE DO OUR EMISSIONS COME FROM?

2019 Pierce County Greenhouse Gas Emissions: 10.8 million MTCO₂e



Source: Pierce County Conservation District, 2023

Contents:



- Introduction & Overview
 - 'Climate Change 101'
- The Suburban Yard
 - The Lawn
 - Garden Beds
 - Veggie Garden



New Homes

Everything is dug up and carted off. Down to the 'hard pan'

- Above ground:
 - Trees storing decades of carbon
- Below ground:
 - All the rich humus
- Hundreds of years of stored carbon

Gone

You can rebuild this capability!



Climate Change '101'

Human Enhanced





https://www.colorado.edu/ecenter/sites/default/files/styles/large/public/page/greenhouse-effect.jpeg?itok=4X5-u6lz

Greenhouse gasses act like a blanket & trap the heat from the sun.

- Carbon Dioxide (CO2) ~80%
- Methane (CH4) ~12%
- Nitrous Oxide (N2O) ~6%

Note:

Earth's carbon doesn't change Solid/liquid to gas is the issue

Photosynthesis!

Changes CO₂ from gas into carbon that can be stored:

- Plants convert CO₂ to carbohydrates
- ~ 70%* to feed above ground trunk, branches, leaves
- ~ 30% 'exudates' from roots to accelerate....



The Soil Food Web

Organisms in/on the soil comprise ~59%* of all life on earth:

 Insects, earthworms, nematodes, springtails

Bacteria

Fungi

Once fed, these organisms 'Do what living things do'





Image courtesy of USDA Natural Resources Conservation Service http://soils.usda.gov/sqi/soil_quality/soil_biology/soil_food_web.html.



Designing & Maintaining your lawn Primary Strategy: expend less CO2



"Get rid of your lawn"

• Why?

- ~ 40 million acres
- Monoculture
- Over-watered
- Too many chemicals
- But
 - 'American Dream'
 - It does store carbon
 - Can be maintained responsibly



If it stays:

- Minimize 'carbon inputs'
- Reduce synthetic fertilizers
- Optimize watering

If you want it to look like a golf course, think the rough, <u>not</u> the putting green

Mow it long: 2" to 3"





1 hr lawn mower use



1 hr leaf blower use

driving 1100 miles from LA to Denver

CARB California Air Resources Board

Ditch the gas powered tools

Trimmers, edgers & blowers: electric

Mowers: electric or reel

If you employ a Yard Service... It's time to have "*The Talk*" ... switch to electric

Reduce chemical inputs

- Fertilizer*: from 4 to 2 times/year
 - Let nitrogen rich clippings drop (25-40%)
 - Add Compost
- Moss Killers & "Weed &" products
 - Stop (add lime instead)
 - Thatch & pull
 - Major issues: Master Gardeners!

* Synthetic fertilizer: 4-6 lbs CO2e for every 1 lb used David Wolfe, professor of plant and soil ecology, Cornell University

Water: Deep & infrequently

By Hand:

- 1 time & 1" week
- Tuna can test

Good soil: sponge

- Adjusted frequently
- Check your service provider

Yard Waste:

If you don't have one of these, get one!

- Organic materials in landfill:
- Methane (80x worse than CO2)
- Why? Decomposes without oxygen

Scorecard:

- Go electric
- Fertilize 2x max
 - Lawn clippings & compost
- Water: 1"/week (even August)
- No "Weed &" products
- Yard waste bin

Just 'TRY'

Carbon Stored: 200-1,800 pounds / acre / year Source: Ohio State University

Image courtesy of Oregon State University

Designing & Maintaining garden beds

<u>Primary Strategy</u>: store more carbon!

Sun's-eye view

Forest:

- Leaf-capture of every ray of sun
- From spring through fall
- Leaving no bare soil

Photosynthesis & Soil Food Web

Water retention & weed control

Sun's-eye view

Housing Development:

- Leaf-capture of every ray of sun
- From spring through fall
- Leaving no bare soil

Context:

- Maintain sight lines
- Pre-designed yard

Analyze beds:

RIMATE CHANCE

- North full shade (except...)
- East morning sun
- South full sun (bank shot!)
- West setting sun

Full Sun.... To Western Exposure..... To Eastern Exposure..... to Full Shade

The Layers:

- Trees
- Shrubs
- Ground Covers

- Tallest to Smallest
- North to South

Cover it vertically, horizontally & across time.

The seven layers of the forest garden.

https://www.chelseagreen.com/2023/designing-a-forest-garden-the-seven-story-garden/

'Theme' for your beds:

RIMATE CHANCE

- Native plants
- Xeriscaping
- Pollinator gardens
- Rain gardens
- Permaculture

- Climate adapted*
- ➡ Hot, dry / water access
- ➡ Help the bees!
- Excess water run-off
- ➡ a.k.a. 'food forest'

Get your hands dirty

Fundamentals:

- Always building better soil
- Diversify plantings to mitigate climate risk

Annual soil improvement strategy:

- Compost, plant & mulch
- Photosynthesis &
- Soil food web
- Let's talk mycorrhizal fungi!

Diversify your planting

- Reduces climate induced risk
- Improves coverage across space & time
- Attracts pest predators

- Fewer pests
- Fewer weeds
- Less fertilizer
- Improved water retention

Through the seasons...

Spring:

- Amend soil with compost
- Plant shrubs & ground covers
 - According to plan
- Varieties that fill vertical & horizontal, above & below ground

Summer:

- Mulch to prevent evaporation
- Water deeply & infrequently
 - Morning or evening

Fall:

- Upgrade 2nd bed?
- Leave leaf-fall on your beds, mulch with leaves for winter

Winter:

- Cover bare soil
- Next year's bed improvement plan
- Plant trees in late winter

Scorecard

- Enough trees canopy?
- Upgrade bed(s)?
- Expand beds?
- Compost?
- Mulch bare soil?

Image courtesy of the Urban Farm School

Growing Veggies at home <u>Strategy</u>...

Why grow veggies?

Food Security

- Worldwide Supply chains under duress
- Inflation

1,494 Miles & 30% Waste

- Average distance food travels to market
- Average amount of food thrown into landfill

Employ Climate Friendly Practices

- Easy @ home, challenging @ scale
- Help pollinators, improve soil & store carbon

Healthy people & healthy planet saves lives and money!

The Resilient Yard

Lawns: - Minimize CO₂ Beds:

- Maximize capture & storage

Veggies: - Ease supply chain stresses

Follow on presentations:

Lawn alternatives

Native plants Pollinator beds

Easy Home Gardening

Questions?

Insert Name WSU Extension Master Gardener Volunteer Contact info http://mastergardener.wsu.edu/ https://www.facebook.com/ WSUMGProgram

